



Sandkicker

The Newsletter of Sandy Beach Shag Club

Volume 1, Issue 9

September 2013

Special points of interest:

- General Information
- Shag Lessons
- Fun Monday Tickets
- Morganton Festival

Inside this issue:

Message From The President –Dorothy Barrier	2
What is Success? -John Carpenter	3
Shagging beyond the Dance Floor– Lee Wagoner	4
September Birthdays, Adopt A Highway, and Committees	5
	6
Area Happenings	7
T.H.U.S. - Gary Barlow	8
Fun Sunday Flyer	9
Fun Monday Flyer	10
Information United We Dance	11

**Need to have something emailed to Club Members?
Please contact Susan Duncan at:**

susanduncan@sandbeachshagclub.com

Beach Raffle and Fun Monday tickets still available for sale!

**The October party is October 26th with DJ Tommy Samole.
Be ready to party. Remember to please bring snacks for the party!!**

Shag Lessons

We will start back up with group lessons September 26th, October 3rd (two hours), and October 24th. Beginners I starts at 6:30pm, please arrive early. We will have Lead and Follow classes on September 26th and October the 24th at 7:45pm. Please contact us at 828 443 5995. Please wear comfortable shoes with leather bottoms if possible. \$20 for 4 hours of Beginners I and \$5 for one hour of Lead and Follow.
John & Robin

Please Help Us With Our Fun Monday Tickets!

Fun Monday Tickets are still available for sale. These tickets generate the money for SOS to pay for Fun Sunday and Fun Monday. Please see Robin to get your tickets and extras to sell. We need to mail them back immediately after the Megafest.

The Morganton Festival

SBSC takes to the Pepsi Stage at the Morganton Festival at 9:30am, Saturday September 7th. We will possibly have a pre-demonstration gathering as well as a post-demonstration gathering. Details are to be worked out for this. Please, we need everyone that can come to join us and show our community, the Carolina Shag. Bring a towel, or shag rag, and water to drink. There will be more by email shortly.

A Message From Your President - Dorothy Barrier

September is a large month for Sandy Beach Shag Club. First we have our Sandkicker DJ Megafest. As you know, this is a sellout. We have several busloads of guests coming from other shag clubs, so we need to make sure they are made to feel welcome. We have got some wonderful door prizes and Chinese Auction gifts. I want to personally thank all those that have worked on getting this together and those that have donated. If you have something you would like to donate please contact myself or Annette Clontz. We would like to have these at the Elks Lodge no later than Thursday August 29th. We will also need snacks the day of the Sandkicker. I know that we are serving a catered meal, but this is going to be a long day and we will need snacks. We still need volunteers to help on the day of the Sandkicker. I know that everyone would like to come and just have a good time, but a party of this size takes a lot of work and as a member of our club please do your part to make this a little easier on everyone. I am so looking forward to this party. It is going to be wonderful.

Then off we go to SOS. I cannot wait. I have never stayed at SOS for more than a couple of days, but this year I will be there for the whole time. Just hope I can pace myself and live through it. Grier and I have always hosted an SOS kickoff party at our house on the first Saturday of SOS, which is Sept. 14th. This year will be no different. I invite all SBSC members. The time will be from 4:00 till. We furnish snacks and setups. You just need to bring yourself and your choice of drink. This is a good time to get to know each other. I know we all love the music and the dance, but sometimes we just need to socialize. If you have never been to our house, the address is 319C Edge Drive, North Myrtle Beach.

Call or email me for directions.

On September 29th we will have a deck party at Friday Friends. Let's hope and pray that we are not rained out this time. The deck parties are always so good, but you know that we have been plagued with bad weather this year. I also would like to have a general meeting this month. I will get back with the date and place.

I want each of you to know how proud I am to be president of this fine club. The hard work that each and every one of you put into making all of our events successful is so appreciated. You all are an awesome group. It is going to be a busy month for Sandy Beach Shag Club, but the fun and memories will be worth it.

United We Dance
Dorothy Barrier, President, SBSC

Home: 433-7181
Cell: 234-1283
garysmom02@directus.net



Grier Franklin, Robin Morley, Dorothy Barrier, and John Carpenter at the Summer Workshop in Atlanta, GA hosted by ShagAtlanta

What is Success? - By John Carpenter

It is a question that we all, at some time or other, have attempted to find the answer. You might ask yourself, why is there an article about success in a newsletter for a shag club? The answer to that question is, because success is a moment by moment state of being, success is having accomplished or exceeded your goals for that moment. You have all heard that "Success is fleeting". If you rest on your belief that you have accomplished your goals, life may pass you by and you may find yourself no longer be considered successful. As a social organization, we have to constantly measure our successes and what we need to do to stay that way.

In a sense, it is like our youth. When we were younger, we were able to accomplish many things and develop a feeling of pride with respect to the things that we could do well. As we have aged, we have not always been able to maintain the level of performance that we once could. We hear it told in phrases like "The Glory Days"! So, we have had to search for new things at which we could be successful.

The life of a shag club is no different than our individual lives. While a shag club does not physically live and breathe, it does take on a life all of its own and develops a character and personality. If you image our club as being a person, you could come up with descriptions of who you believe, or what you believe the Sandy Beach Shag Club to be. This personality, has been developed since our club was reborn in 2004. The different leaders have added a measure of personality, and the membership has added another measure of personality. Like a witches brew, it is all stirred into the big black cauldron and poof, you have what is transformed into the spirit of the club. And as success is fleeting, so too, the spirit of a club such as ours, ebbs and flows. Much like our personal bank accounts, we have to keep a constant watch over our balance to have an indication as to where we stand financially and maintain our ability to pay our bills. So, we keep a constant watch over our balance of success to make sure we continue to have a healthy "account".

Our shag club's effort for success is much like a big tug of war against an unseen opponent. If we have many people on the rope pulling as opposed to a few, it is much easier to have the rope travel in the desired direction and have that flag that is attached to the rope move across the designated line for the win! The constant discussion that is always mentioned when it comes to success of a social club is the 80/20 or 90/10 rule, depending on how optimistic the person (s) who bring up the subject is/are. This rule states that the larger number represents those that do not participate in helping the success of a club, and the smaller number are those that do help in the success of the club. Or, roughly 10 or 20% of the people do the work of a club. If you were to look at Sandy Beach Shag Club, what is our percentage? If the thought just went through your mind, "Who cares!", then you represent the larger number.

We have learned since 2004, that we are capable of doing just about anything that we put our minds to. This is one very large measure of success. Attitude is everything! The future has many amazing possibilities. If we think it, we can do it. Failure is only a bad thing if we do not learn from it. The most successful organizations have learned through failed attempts. To succeed, you must try without fear, and if you hold the rope with the rest of your team, and you have a large team, you will be successful.

***"Ask not what your Shag Club can do for you,
but rather what you can do for your Shag Club"***

Shagging—Beyond The Dance Floor - By Lee Wagoner

For most of us, shagging is a six-count dance done to music on the dance floor. I contend it is much more than mere dance steps...it's a life style full of friends willing to share good times and bad.

Most of you know that Pam recently lost her father due to a heart attack. The many comments of sympathy and support have really touched our hearts and we thank you for being there when we needed you.

On a brighter note, back to my original premise, being a shagger has led to us having two of the best vacations we could have ever had, cruising to Alaska and around the Hawaiian islands. I can hear you now, "Lee, they don't shag in Alaska and Hawaii. How did shagging lead you there?"

This whole story began almost four years ago on a trip back from our mountain house in Wilkes County. Coming down the mountain in the early evening, we made the decision to visit the Brushy Mountain Shag Club for their October party. Entering the dance location, we happened upon a full blown Halloween costume party; we said we were disguised as lost tourists. During the party, the club President, Gary Doran, announced plans for club members to do an Alaska cruise the following August. Being bold and adventurous, we asked if we could go, too. Not surprisingly, the answer "YES!"

We did the cruise, made many great new friends and the success of that trip led to the planning of the cruise to Hawaii, which we finished a couple of weeks ago. You'd think after 11-12 days of being together almost continuously, we'd want a break from each other. Quite the opposite; we are now in discussions about where to go next.

So how does this relate to my premise that shagging is more than a dance? Simply put, when you take a chance and step outside the box, you won't find a more hospitable, caring group of folks than those who share a passion for a six-count dance step.

See you on the dance floor.



SBSC Birthdays for September

Ron Spencer	9/2
Diane Ebert	9/3
Teresa Wilson	9/3
Dennis Rust	9/8
Annette Clontz	9/9
Carolyn Parks	9/12
Steve Coley	9/13
Joseph Few	9/15
Lisa Samuel	9/15
Debby Buff	9/16
Cindy Carswell	9/17
Karen Arndt	9/19
Michael Glasscock	9/19
Lola Weikel	9/26
Don McMullin	9/27
David Gray	9/28
Thad "Sparkie" Sparkman	9/28
Candace McGuire	9/29
Phil Bolick	9/30



Our mark on the world is as fleeting as the tide washed sands. But it sure is fun to make your mark.

2013 Adopt-A-Highway Cleanup

We will meet on the first Saturday of the month at 9:30am that a cleanup is scheduled. We will meet on the second Saturday, if the cleanup has to be rescheduled because of bad weather.

We will meet in the McDonald's parking lot near the ATM machine. Trash bags, safety vests, gloves, and pickup tools will be provided. It usually takes about an hour and a half to complete the cleanup. Call Jim Noggle, (828) [310-6099](tel:310-6099), if you need additional information.

Cleanup Date	Alternate Date
October 5	October 12
December 7	December 14

Your participation in your Club's Committees is needed!

Social/Planning: Contact Dorothy Barrier
 Clean-up: James Bentley
 Adopt-A-Highway: Jim Noggle
 DJ Committee: Steve Coley
 Membership: John Carpenter and Robin Morley
 Door: Sam/Annette Smith
 Food/Hospitality: Contact Dorothy Barrier
 Decorations: Teresa Wilson
 Website: John Carpenter
 Information/Newsletter: John Carpenter
 By-Laws: Steve Coley
 Tickets and SOS Cards: Robin Morley
 Parade/Float :Robin Little

If you haven't already done so, you can send an email to Dorothy Barrier to select the committee you would like to serve on. It takes a village Please help us to continue our mission of having one of the best shag clubs anywhere! Note: Dorothy's email address will be changing to: dorothybarrier@sandybeachshagclub.com. This change should take place shortly.

Party Information

All Parties are held at the Morganton Elks Lodge, 500 Golf Course Road, Morganton, NC Members \$5 Guests \$7
7:30pm until 11:30pm
Wonderful Snacks, cash bar, and DJ
All in a smoke free environment



For more details contact: johncarpenter@sandybeachshagclub.com

All members are encouraged to donate a snack. Please bring a serving dish too. Sample items are: peanuts, chips/dip, cookies/brownies, Cheetos, pretzels, pickles/olives etc. Also, All members are asked to help with the clean-up at the end of the party by putting trash in the correct recycling bins.

Mark Your Calendars 2013 Party Dates

September 1 — Sandkicker DJ Megafest
October 26 — Tommy Samole
November 16 — Betty Brown
December 14 — Frank Price & Steve Coley

Deck Party Dates

Deck parties are held on Sunday afternoons at Friday Friends from 4:00-8:00 p.m.

September 29th
October 13th

New SBSC Party Dates for 2014-DJs have not been determined yet

This is the final set of dates for 2014, note changes made in red.

January 11th, Saturday

February 15th Saturday

March 8th Saturday

May 10th Saturday

June 14th Saturday

August 2nd Saturday

August 30 Saturday, August 31st Sunday— Plans are being considered for a two day party. More later!

October 11th Saturday

November 15th Saturday

December 13th Saturday— Please Mark Your Calendars With These Dates And Plan Accordingly!

Area Happenings-Check out what is happening around us!

Three great websites for Shag Dance Information:

www.shagdance.com , www.shagtour.com, also you can go to www.keepshaggin.com/newsletter.html by Sam Lail

Area Clubs—please visit each club's website for more info.

Boone Shag Club

www.booneshagclub.com

The Boone Shag Club meets Tuesdays 7:00-9:30 in the Meadowbrook Inn in Blowing Rock.
\$3 members and \$5 guests

Statesville Shag Club

www.statesvilleshag.com

The Statesville Shag Club dances at the VFW Post 2031 in Statesville the second and fourth Friday of every month.

Friday, September 13th—DJ Mike Worley

Friday, September 27th—DJ Frank Price

8:00-11:00

\$5 Members and \$7 Guests

Brushy Mountain Shag Club:

North Wilkesboro, NC

www.brushymountainshagclub.com

Saturday, September 7th

DJ Frank Price

8:00-11:00 N. Wilkesboro Elks Lodge

\$5 members and \$7 guests

T.H.U.S- by Gary Barlow

In the last few newsletters the topics have been Need For, Benefits of, and Expectations of your Instructors for shag dancing. I have compiled a list from our local and work shop instructors what they expect or would like to see from the students. Right out of the chute the operative word was FUN. For the students to have fun sounds simplistic enough but how do the students do that? First show up on time and on the floor with a positive attitude. Leave any doubts that this hour is going to be for nothing, at the table. Be relaxed, confident, feel comfortable. The instructors are prepared for this time with you. Their objective is to teach you the basic, a new step or move and introduce you to the music, the beat, and the rhythm that has made this dance so popular over the ages. The instructors are up to teaching to the learning level of the class. There was an old advertising slogan that says Leave the Driving up to Us! Please put forth an effort to learn; to complement the efforts the instructors have put forth. The instructors can't emphasize the importance of practice. They can tell when you have not done your homework. Practice in the comfort of your home without the peering eyes of your peers. The big difference between good and not so good is Practice. Do not let yourself down by not giving time for (here is that word again) Practice.

I am taking the instructors place for the next few sentences. I have a class all looking confident, relaxed, standing tall, big smiles, eyes looking up. Music starts I see fingers popping, shoulders swaying and toes patting the floor. My partner and I demonstrate the step. I switch the music off and look around at the class. "The Heck You Say" all the eyes have hit the floor the smiles have turned into frowns! What just happen here? Just what the instructors DON'T want to see. Fear and intimidation has set in. We know this is new to you but remember we teach to the level of the class. We don't want you to dwell on the move or the step but how it flows to the beat of the music. Take it slow and simple, ask questions, ask for help with a particular part of the step. Remember if you are in a group there will be time for one on one after the class. If you are feeling lost, do not leave the floor or head for the bar. Stay on the floor, show that effort to learn, it will come to you do not let frustration ruin your good time. This whole concept is about Fun- not Frustration. This isn't "America has Talent" this is shag where you recognize each other's performance not criticize one another for not remembering a lead or follow technique. Instructors get the biggest "thank you" when they see you on the floor doing what you were taught, or finally mastering the intricacy of the footwork you were having trouble with in class. The instructors want to see you leaving the room with a big smile on your face, head up, looking back waving and shouting "See you next week".



Gary Barlow

Flver For Fun Sunday



FUN SUNDAY

September 15, 2013

1 PM TO 5 PM

1st Avenue, Beside the OD Arcade



The Pieces of Eight



Nelson Curry & Klass Band Brothers

*Come be a part
of the Best Party
Weekend of the Year*

SPONSORS FOR FUN SUNDAY & FUN MONDAY
The Shoe Center

NO COOLERS PERMITTED

Flyer For Fun Monday

FUN MONDAY

September 16, 2013

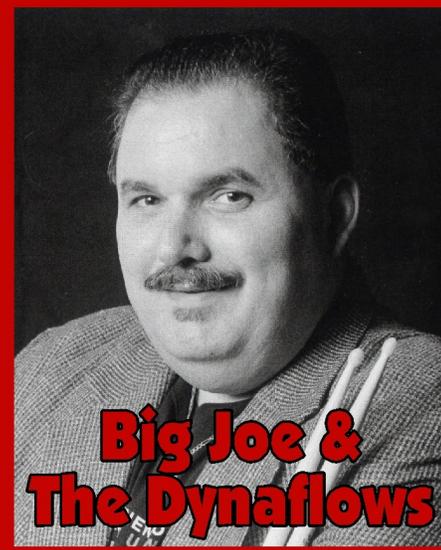
12 PM TO 5:30 PM Main Street OD



The Craig Woolard Band



THE FANTASTIC SHAKERS



Big Joe & The DynafloWS

SOS FUN MONDAY DRAWING

1st Ticket Drawn	\$7,500	4th Ticket Drawn	\$500
2nd Ticket Drawn	\$2,000	5th Ticket Drawn	\$250
3rd Ticket Drawn	\$1,000		

NO COOLERS PERMITTED

**SANDY BEACH
SHAG CLUB**

Where we party:
Morganton Elks Lodge
500 Golf Course Road
Morganton, NC

Mailing address: 100 Smith Street
Morganton, NC 28655

Phone: 803 760 2947
E-mail: johnthomas@hotmail.com

Find us on www.sandybeachshagclub.com or on **Facebook**. Just type Sandy Beach Shag Club in the search box.

Sandy Beach Shag Club is a non-profit social dance club that promotes the Carolina Shag Dance. Our mission is the bringing together people of like minds with the goal to preserve the Carolina Shag Dance and the music to which we dance. We are members of the Association of Carolina Shag Clubs. For any information, go online to www.sandybeachshagclub.com or contact the John Carpenter: johncarpenter@sandybeachshagclub.com

President: Dorothy Barrier

VP: Robin Little

Secretary: Susan Duncan

Treasurer: Leah Turner

***Members-at-large: Jim Noggle
and Gary Barlow***

Former President: John Carpenter

Sandy Beach Shag Club

UWD

United We Dance