



Sandkicker

The Newsletter of Sandy Beach Shag Club

Volume 1, Issue 6

June 2013

Special points of interest:

- June Parties and Beach Raffle Tickets
- Shag Lessons
- Fun Monday Tickets

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Deck Party of the Season

Sunday, June 9th—Friday Friends

Be sure to join us for this FREE event from 4:00—8:00 p.m. Donnie Meadows will be our DJ. Come sit by the Catawba River on a beautiful Sunday afternoon and dance with the award winning “Pirates of the Strand”!

Beach Raffle Tickets will be available for sale!

June Party—Saturday, June 29th

7:30-11:30 p.m.

DJ Roy Childress

Shag Lessons

Beginners I classes continue June 6th, 20th, and the 27th starting at 6:30 p.m. We will have Lead and Follow on June 6th beginning at 7:45pm.

John & Robin

Fun Monday Tickets are now available for sale. These tickets generate the money for SOS to pay for Fun Sunday and Fun Monday. Please see Robin to get your tickets and extras to sell.

Our thoughts and prayers go out to Jim Cates who is undergoing chemotherapy for Lymphoma. You can send your cards and well wishes to:

159 St. Mary's Church Road, Morganton, NC 28655

A Message From Your President - Dorothy Barrier

On May 1, 2013, I became President of Sandy Beach Shag Club. I am very honored and humbled to hold this title. I know that I have some very big shoes to fill, but I promise my best to make this year with our great club, as successful as the previous years. We held a general meeting on May 29th 2013 at Friday Friends and I want to thank all those that took the time out of their busy schedule to attend. A lot was covered in this meeting from Fun Monday tickets to the upcoming Sandkicker-DJ Megafest. I am also in the process of getting our committees together. It truly takes a village to run a club the size of Sandy Beach Shag Club. Please contact me if you are interested in joining a committee.

I want everyone to know that my door is always open to suggestions and that with the help of all our members, Sandy Beach will continue to grow and thrive. I look forward to working with each and every one of you. Remember: UNITED WE DANCE.

Home : 828-433-7181

Cell: 828-234-1283

Email: garysmom02@directus.net



Adopt A Highway Participants: Picture 1 –Susan Duncan and Diane Ebert; Picture 2 - Jim Noggle, Diane Ebert, and Glenn Duncan. What a colorful group!

“THE HECK YOU SAY”— By Gary Barlow

When I ask “Why do you come out for lessons”?”, you would expect the obvious answer to be “to learn how to shag” DUD! As true as that supposition would be, learning to shag was the third most common answer. Most dance students said to get out of the house for the night, to break the monotony of same ole same ole. Sounds to me like a bit of cabin fever but this answer over the year was the same winter or summer. Exercise was another surprise answer I got from men and women. The answer from the women is to lose weight and a healthy heart for the men. The truth about the medicinal benefit might even surprise the very ones that gave up that answer. Statistics show that dancing associated with dance lessons improves your outlook on life. Dancing is one of the best stress reducers. Dancing is the only activity that shows a drop in dementia and Alzheimer for patients that engages in dance. You are going to have to mix a little bit of shag with a little line dancing to get a weight loss benefit out of your efforts. That is unless you dance 8 to 10 shag tunes in a row but who’s counting. To become a competent shagger “you gotta” get a good basic going. Read on!

When was the last time you took a basic shag dance lesson? Do you ever feel you need a little juice in your step? A lesson might be just what you need to recharge your dance engines. We just took a free basic lesson at SOS, April 2013 from Charlie & Jackie. Before Marlene and I walked into Ducks, someone at the door coming out said, “they are teaching the basic, you two don’t need that.” Well, I was the first one that Jackie corrected by pointing out my arm movement. I was literally trying to shake my partners arm from her shoulder. After that embarrassing moment, I did try to keep my basic as calm as possible (now calm is not something that comes natural to me). After a discussion on posture, eye contact, finishing your basic, jerky arm movement and tension in the arms, Charlie and Jackie had us doing our basic and changing partners. I realize it is a necessary evil but I detest changing partners in a class. The operative word is “necessary”, so I’m glad they did have us rotating partners. I have to admit I did enjoy watching Charlie correct the guys from kicking their feet out to the side on their basic. He chastised (in a nice way) a couple other fellows for not completing the triple steps. Something about all the corrections! They were dancers I had seen all week, so in no way were they beginners, just misinformed or unconcerned about the preservations of the shag dance heritage. So you don’t think you need to improve your basic. Fine! Sign up for an intermediate class. We have three great shag clubs in the area that offers these choices. You can learn at Sandy Beach with John and Robin Carpenter, for a cost of twenty dollars for four weeks of instructions. Every Wednesday night at the Country Club in Wilkesboro, with Pat and Eddie Hicks. Bob & Helon Page give free basic lessons at Statesville Shag Club’s semi- monthly dances. Thanks for taking time to read this article. Just one more thing, give the shag instructors all the accolades you can, they deserve it for their hard work, commitment and dedication to help us enjoy this shag lifestyle.

Gary Barlow

***“Ask not what your Shag Club can do for you,
but rather what you can do for your Shag Club”***

The Grand National Dance Championship 2013

Robin and I attended the Grand National Dance Championships in Atlanta, Georgia, over Memorial Day weekend. This was our first visit to the GNDC and I wanted to share with you our experience and also a broader concept of what I learned at this event. Their website is <http://usagrannationals.com/GNDC/index.php>. I will not cover every aspect of the event as you can go to their website and learn more, but I wanted to give you a perspective of this event from a first timer.

Robin and I arrived Friday late afternoon. The competition was already underway with a Jack and Jill Pro-Am event and dance workshops that afternoon. I did not know very much about the West Coast Swing and this event is as much about the Swing as it is about the Shag. From my observations, the swing is more athletic with younger dancers, the shag has a fantastic junior program, and otherwise older dancers. More on this later. The Non-Professional Shag Division was the first shag competition held on Friday afternoon, and the Carolina Classic Division (Pros) was held that night. The Non-Professional Shag Championship was won by Casey Cooper and Krystal Bravo. The Carolina Classic was won by Sam West and Leslie Melton Jennings. After the completion, there is social dancing which goes well into the early morning. The swingers are very much late nighters and they are a very energetic crowd. The shaggers tend to be a little more reserved, but some of them can hang with the best of them (not me and Robin). There is social dancing throughout the day as well, and there were several ballrooms having different events.

Saturday was jammed full of dancing events. In all, they have Cabaret (non-shag, and no-swing), Non-Pro Carolina Classic, Carolina Classic, Carolina Masters, Junior Shag I, Junior Shag II, Junior Swing, Showcase (swing with lifts and supporting the partner's weight in the air), Open Strictly Swing, Champions Strictly Swing, Classic (on the ground swing), and Team (whatever team dance it might be). There is also the Pro-Am and Jack and Jill dancing being given awards. Later that night they had a theme party with the "60's" being the theme. People go all out and wear costumes for this party (it is a huge party with most wearing costumes and it goes very, very late). Next year's theme is the "20's".

The Grand National Dance Championship 2013- continued

The Master's shag winners were Charlie Womble and Jackie McGee. They originated this event in 1995, and it was taken over by Michael and LeAnn Norris. The Junior I winners were Kolton Ellis and Kaylee Bravo. Junior II was won by Garrett Spencer and Torri Smith. The Junior Championships were held Sunday afternoon. The awards were given out Sunday night followed by more social dancing.

So what did I come away with? Seeing this event showed me that our Shag Community needs to learn from the Swing community. Their music, lifestyle, and attitude is geared towards a much younger dancer. One of the critical aspects facing our Shag lifestyle, is to bring younger dancers into the mix. The future of our dance will depend on not only the Junior dancers, but also those young adults from the ages of 21 until 40 or so. Our Shag community needs to develop strategies to encourage the participation of these younger people.

I would encourage all of you to attend the GNDC. It is an experience that will help you to truly understand our dance, the shag, and to see how swing and shag are slowly becoming intertwined to a degree. I know there are those in are shag world that do not want to see our dance adulterated by other styles, but you can see the handwriting on the wall. We each can learn from the other and we share common patterns. The GNDC was well run and a great event with many people attending that we knew from our travels. We hope to go again next year.

In honor of Charlie and Jackie's Masters win, Robin and I will teach a step that they taught us this past weekend at Southern Comfort in Columbia, SC. We invite you to come and learn a great step that you can dance at our party on the 29th!



Our mark on the world is as fleeting as the tide washed sands. But it sure is fun to

SBSC Birthdays for June

Lexi Churchill	6/2
Joan McGee	6/4
Martha Cartee	6/6
Eddie McGimsey	6/6
Denise Rust	6/7
Terrie Melton	6/8
Beth Barkley	6/9
Janice Fox	6/12
Dean Friesland	6/13
Joyce M. Leddy	6/15
Becky Ward	6/16
Kenneth McFarland	6/19
Mike Boyd	6/21
Cindy Robinson	6/24
Gayle Brown	6/25
Carol Austin	6/30
Steve Valentine	6/30

2013 Adopt-A-Highway Cleanup

We will meet on the first Saturday of the month that a cleanup is scheduled. We will meet on the second Saturday, if the cleanup has to be rescheduled because of bad weather.

We will meet in the McDonald's parking lot near the ATM machine. Trash bags, safety vests, gloves, and pickup tools will be provided. It usually takes about an hour and a half to complete the cleanup. Call Jim Noggle, (828) [310-6099](tel:310-6099), if you need additional information.

Cleanup Date	Alternate Date
June 1	June 8
August 3	August 10
October 5	October 12
December 7	December 14

Your participation in your Club's Committees is needed!

Social/Planning: Contact Dorothy Barrier

Clean-up: James Bentley

Adopt-A-Highway: Jim Noggle

DJ Committee: Steve Coley

Membership: John Carpenter and Robin Morley

Door: Sam/Annette Smith

Food/Hospitality: Contact Dorothy Barrier

Decorations: Teresa Wilson

Website: John Carpenter

Information/Newsletter: John Carpenter/Debbie Dale

By-Laws: Steve Coley

Tickets and SOS Cards: Robin Morley

Parade/Float :Robin Little

If you haven't already done so, you can send an email to Dorothy Barrier to select the committee you would like to serve on. It takes a village. Please help us to continue our mission of having one of the best shag clubs anywhere!

Party Information

All Parties are held at the Morganton Elks Lodge.

Members \$5 Guests \$7

7:30pm until 11:30pm

Wonderful Snacks, cash bar, and DJ

All in a smoke free environment



For more details contact: johnthomas@hotmail.com

All members are encouraged to donate a snack. Please bring a serving dish too. Sample items are: peanuts, chips/dip, cookies/brownies, Cheetos, pretzels, pickles/olives etc. Also, All members are asked to help with the clean-up at the end of the party by putting trash in the correct recycling bins.

Mark Your Calendars 2013 Party Dates

June 29—Roy Childress

August 3—Norman Mills

September 1 —Sankicker DJ Megafest

October 26—Tommy Samole

November 16—Betty Brown

December 14—Frank Price & Steve
Coley

Deck Party Dates

Deck parties are held on Sunday
afternoons at Friday Friends from
4:00-8:00 p.m.

June 9th
September 29th
October 13th

Summer Pool Party hosted by Elizabeth Ferguson and Charlie Bridges

Saturday, July 6th – 1:00 pm until

Please bring your favorite drinks and snacks to share! We will have dancing, swimming, sunbathing, horseshoes, 4-wheelers(razors) rides and other games.

Area Happenings-Check out what is happening around us!

Two great websites for Shag Dance Information: www.shagdance.com
and www.shagtour.com

Area Clubs—please visit each club's website for more info.**Boone Shag Club**

www.booneshagclub.com

The Boone Shag Club meets Tuesdays 7:00-9:30 in the
Meadowbrook Inn in Blowing Rock.
\$3 members and \$5 guests

Statesville Shag Club

www.statesvilleshag.com

The Statesville Shag Club dances at the VFW Post 2031 in
Statesville the second and fourth Friday of every month.

Friday, June 14—DJ Gene Hensley

Friday, June 28—DJ Larry “Big Fish” Calhoun

8:00-11:00

\$5 Members and \$7 Guests

Brushy Mountain Shag Club:

North Wilkesboro, NC

www.brushymountainshagclub.com

Saturday, June 8th

DJ Steve “Hitman” Coley

8:00-11:00 N. Wilkesboro Elks Lodge

\$5 members and \$7 guests

**SANDY BEACH
SHAG CLUB**

Where we party:
Morganton Elks Lodge
500 Golf Course Road
Morganton, NC

Mailing address: 100 Smith Street
Morganton, NC 28655

Phone: 803 760 2947
E-mail: johnthomas@hotmail.com

Find us on www.sandybeachshagclub.com or on **Facebook**. Just type Sandy Beach Shag Club in the search box.

Sandy Beach Shag Club is a non-profit social dance club that promotes the Carolina Shag Dance. Our mission is the bringing together people of like minds with the goal to preserve the Carolina Shag Dance and the music to which we dance. We are members of the Association of Carolina Shag Clubs. For any information, go online to www.sandybeachshagclub.com or contact the John Carpenter: johnthomas@hotmail.com.

President: Dorothy Barrier

VP: Robin Little

Secretary: Susan Duncan

Treasurer: Leah Turner

***Members-at-large: Jim Noggle
and Gary Barlow***

Former President: John Carpenter

Sandy Beach Shag Club

UWD

United We Dance